

# Theory Practice Counseling Psychotherapy Gerald Pdf

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Theory and Practice of Counseling Jan 25 2022 Theory and Practice of Counselling and Psychotherapy, South African Edition provides an easy-to-understand text which helps students compare and contrast the therapeutic models expressed in counselling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centred, Gestalt, reality, behaviour, cognitive-behaviour, family systems, feminist, and postmodern approaches) and demonstrates how each can be applied to a single exemplar case, that of a fictional character, Graham.

Ethics in Psychotherapy and Counseling Jan 13 2021 The ethics book no psychology student or professional should be without Thoroughly updated and expanded to include recent research findings, landmark legal decisions, the Hoffman Investigation Report, and changes in the ethical guidelines of the American Psychological Association and the Canadian Psychological Association, the new 5th edition of Ethics in Psychotherapy and Counseling covers the latest developments in ethical thinking, standards, and practice. You'll learn how to strengthen your ethical awareness, judgement, and decision-making. Distinguished Emeritus Professor Don Meichenbaum described the 5th edition as 'a MUST READ book for both beginning and seasoned clinicians' and Professor David H. Barlow wrote, 'A stunningly good book. . . If there is only one book you buy on ethics, this is the one.' Covers the many changes and challenges brought about by new technology, EHRs, videoconferencing, and texting, as well as practicing across state and provincial borders Discusses moral distress and moral courage Includes 5 chapters on different aspects of critical thinking about ethical challenges, including a chapter on 'Ethics Placebos, Cons, and Creative Cheating: A User's Guide' Deals with complex issue of culture, race, religion, sexual identity, sexual orientation, and politics Provides steps to strengthen ethics in organizations Offers guidance on responding to ethics, licensing, and malpractice complaints—not to imply that you'll need to after reading this book! Keeps the focus on practical, creative approaches to the

responsibilities, challenges, and opportunities encountered by therapists and counselors in their work.

Case Approach to Counseling and Psychotherapy Apr 27 2022 Bridges the gap between theory and practice, showing how therapy actually works.

Case Approach to Counseling and Psychotherapy Dec 04 2022 With this acclaimed casebook, readers follow master teacher Gerald Corey and many of contemporary therapy's most highly respected founders and practitioners--including William Glasser, Arnold Lazarus, and Albert Ellis--as they apply eleven key counseling approaches to the needs of client Ruth. This focus on a single client demonstrates to readers how the various theories work, and also enables them to see exactly how these techniques differ. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

STUDYGUIDE FOR THEORY & PRAC O Jan 01 2020 Never HIGHLIGHT a Book Again! Includes all testable terms, concepts, persons, places, and events. Cram101 Just the FACTS101 studyguides gives all of the outlines, highlights, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanys: 9781305263727. This item is printed on demand.

Groups Nov 30 2019

Studyguide for Theory and Practice of Counseling and Psychotherapy by Gerald Corey, ISBN 9780840028549 Mar 15 2021 Never HIGHLIGHT a Book Again! Virtually all of the testable terms, concepts, persons, places, and events from the textbook are included. Cram101 Just the FACTS101 studyguides give all of the outlines, highlights, notes, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanys: 9780840028549 .

Theory and Practice of Counseling and Psychotherapy May 29 2022 Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Studyguide for Theory and Practice of Counseling and Psychotherapy by Gerald Corey, ISBN 9781111802387 Jun 17 2021 Never HIGHLIGHT a Book Again! Virtually all of the testable terms, concepts, persons, places, and events from the textbook are included. Cram101 Just the FACTS101 studyguides give all of the outlines, highlights, notes, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanys: 9781111802387 .

Theory and Practice of Counseling and Psychotherapy, Enhanced Jun 29 2022 Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling text helps you compare

and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases ("Stan" and "Gwen"). He shows you how to apply theories in practice, and helps you learn to integrate the theories into an individualized counseling style. New learning objectives identify key aspects of each theory and focus your study.

Narrative Therapy in Practice Aug 08 2020 How to apply the definitive postmodern therapeutic technique in a variety of situations, including treating alcoholics, counseling students, treating male sexual abuse survivors, and more. Written with scholarship, energy, practicality, and awareness.

The Art of Integrative Counseling Nov 22 2021 Useful as a supplemental text in advanced theories and practicum courses, this fourth edition discusses the key concepts and techniques from many contemporary theories and how to develop an integrative approach to the counseling process to better meet individual client needs. Dr. Corey introduces the techniques that he draws from in his own integrative approach to counseling using a wide variety of case examples with diverse clients. Topics covered include assessing presenting issues; developing a productive working alliance; establishing therapeutic goals; understanding and addressing diversity; working with resistant clients; using evidence-based practice in cognitive, emotive, and behavioral work with clients; dealing with transference and countertransference; and incorporating trends in integrative therapies. To encourage active learning, reflective exercises throughout the text provide readers with opportunities to put themselves in the role of therapist and client. "No one knows more about theory-based counseling than Gerald Corey, who has spent the past 50+ years helping us to gain real insight into multiple models. In this book, Corey takes readers from forming a working alliance with clients through the processes for setting and achieving goals. His skill at and understanding of the termination processes is worth the entire book. Not only will The Art of Integrative Counseling be the core text for counseling process and skills courses, it will provide the foundation for effective, truly integrated counseling throughout one's career." —James Robert Bitter, EdD, East Tennessee State University "Gerald Corey's fourth edition of The Art of Integrative Counseling provides important concepts to consider when developing an integrative approach to working with clients. For beginning counselors, it demonstrates how one can be integrative whether one is behaviorally, cognitively, or affectively oriented. For more advanced counselors, it reminds them of the wealth of information that all theories offer and how techniques or theories can be synthesized into a more effective approach. Whether you are a new counselor trying to figure out how to integrate the many theories you learned about, or a seasoned professional seeking new ways of working with clients, this book has something for you." —Edward Neukrug, EdD, Old Dominion University \*Requests for digital versions from the ACA can be found on wiley.com. \*To request print copies, please visit the ACA website here. \*Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

Student Manual for Corey's Theory and Practice of Counseling and Psychotherapy Nov 03 2022 Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Techniques for the Couple Therapist Dec 12 2020 Techniques for the Couple Therapist features many of the most prominent psychotherapists today, presenting their most effective couple therapy interventions. This book provides clinicians with a user-friendly quick reference with an array of techniques that can be quickly read and immediately used in session. The book includes over 50 chapters by experts in the field on the fundamental principles and techniques for effective couple therapy. Many of the techniques focus on common couple therapy processes such as enactments, communication, and reframing. Others focus on specific presenting problems, such as trauma, sexual issues, infidelity, intimate partner violence, and high conflict. Students, beginning therapists, and seasoned clinicians will find this pragmatic resource invaluable in their work with couples.

I Never Knew I Had a Choice Oct 29 2019 Written in a direct, personal style, this edition retains its popular and successful experiential approach to the topic of adjustment. The Fifth Edition continues to deal with real issues in everyday living and stimulates readers toward personal growth, encouraging them to expand their self-awareness and to explore the significant choices available to them in various aspects of their lives. The Coreys challenge readers to "finish" this unfinished book as they get actively and personally involved in confronting their important life issues. Warm, frank, and very personal, Choice serves as a personal workbook as well as a classroom text.

Brief Counseling That Works Oct 22 2021 By combining step-by-step instructions with vivid case examples, the author provides the necessary tools to easily and quickly implement this powerful counseling method.

Using Drawings in Assessment and Therapy Sep 28 2019 This updated version of the first edition condenses and synthesizes a variety of drawing directives that aid clinicians in the assessment process, as well as in therapy.

I Never Knew I Had a Choice: Explorations in Personal Growth Feb 11 2021 Honest and inspiring, I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, 11th Edition, is an invitation to personal learning and growth -- and a roadmap to lasting change. Research-based, yet written in a personal, encouraging tone, the book helps students examine the choices they've made, expand their awareness of the choices available to them, and choose where to go next. Emphasizing the role of personal responsibility and choice in creating a meaningful life, the text explores a wide variety of key topics, including personal style of learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. Self-inventories, exercises, activities, and first-person accounts of difficult choices real people have made give students invaluable insight into their lives, beliefs, and attitudes in a personally empowering way. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Handbook of Family Therapy Jul 19 2021 Integrative, research-based, multisystemic: these words reflect not only the state of family therapy, but the nature of this comprehensive handbook as well. The contributors, all well-recognized names who have contributed extensively to the field, accept and embrace the tensions that emerge when integrating theoretical perspectives and science in clinical settings to document the current evolution of couples and family therapy, practice, and research. Each individual chapter contribution is organized around a central theme: that the integration of theory, clinical wisdom, and practical and meaningful research produce the best understanding of couple and family relationships, and the best treatment options. The handbook contains five parts: • Part I describes the history of the field and its current core theoretical constructs • Part II analyzes the theories that form the foundation of couple and family therapy, chosen because they best represent the broad range of schools of practice in the field • Part III provides the best examples of approaches that illustrate how clinical models can be theoretically integrative, evidence-based, and clinically responsive • Part IV summarizes evidence and provides useful findings relevant for research and practice • Part V looks at the application of couple and family interventions that are based on emerging clinical needs, such as divorce and working in medical settings. Handbook of Family Therapy illuminates the threads that are common to family therapies and gives voice to the range of perspectives that are possible. Practitioners, researchers, and students need to have this handbook on their shelves, both to help look back on our past and to usher in the next evolution in family therapy.

Overcoming Unintentional Racism in Counseling and Therapy Jul 07 2020  
Overcoming Unintentional Racism in Counseling and Therapy, Second Edition examines the dynamics and effects of racism in counseling with an emphasis on the insidiousness of unintentional racism. The Second Edition provides a new section on the policies and practices of agencies and other institutions in the mental health system unintentionally resulting in service disparities. Macro-system and micro-system interventions are proposed to overcome these disparities.

Principles of Counseling and Psychotherapy Dec 24 2021 Research has shown that the most effective way to prepare students for practice with real clients is to learn to think in a new way rather than simply learning and using a set of steps. While there is much to be learned from what master practitioners do in their sessions, there is even more knowledge to gain from learning how they think. The second edition of Principles of Counseling and Psychotherapy offers students and practitioners a way to understand the processes behind effective outcomes with a wide variety of clients. The second edition is infused with real-world clinical case examples and opportunities for readers to apply the material to the cases being presented. New "thought-exercise" sections are specifically designed to engage the reader's natural non-linear thinking, and transcript material both from cases and from master therapists themselves are interwoven in the text. Accompanying videos, available through Alexander Street Press, bring the text to life, and instructors will find testbanks, transition notes, and narrated PowerPoints available for free download from the book's website at [www.routledgejournalhealth.com](http://www.routledgejournalhealth.com)

Student Manual for Theory and Practice of Counseling and Psychotherapy 08 2020 Designed to help students apply theory to practice, the Student Manual is coordinated with the chapters in the Fifth Edition of Corey's Theory and Practice of Counseling and Psychotherapy. Additional cases are included for each of the theory chapters in the textbook.

Theory and Practice of Group Counseling Mar 27 2022 THEORY AND PRACTICE OF GROUP COUNSELING, 9th Edition, gives students an in-depth overview of the eleven group counseling theories. In addition to illustrating how to put these theories into practice, this best-selling text guides students in developing their own syntheses of various aspects of the theories. With Corey's clear, straightforward writing style, students are able to grasp each theoretical concept and its relationship to group practice with ease. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Cengage Advantage Books: Becoming a Helper Jul 31 2022 Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, Seventh Edition, provides an overview of the stages of the helping process while teaching readers the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties often encountered on the road to becoming effective helpers. They also emphasize self-reflection on a number of professional issues. Finally, the authors help readers decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they'll face in the field.

Theory and Practice of Counseling and Psychotherapy Sep 01 2022 Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey's best-selling text offers an easy-to-understand text that helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (Stan). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes a revised student manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources like the DVDs titled DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes, and DVD for Integrative Counseling: The Case of Ruth and Lecturettes, which features the same videos as the Integrative Counseling CD-ROM redesigned for today's classrooms. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Becoming a Helper Apr 03 2020 Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, Seventh Edition, provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties students often encounter on

the road to becoming effective helpers. They also emphasize self-reflection on a number of professional issues. Finally, the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they'll face in the field. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Case Approach to Counseling and Psychotherapy Feb 23 2022 With this acclaimed casebook, readers follow master teacher Gerald Corey and many of contemporary therapy's most highly respected founders and practitioners--including William Glasser, Arnold Lazarus, and Albert Ellis--as they apply eleven key counseling approaches to the needs of client Ruth. This focus on a single client demonstrates to readers how the various theories work, and also enables them to see exactly how these techniques differ. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY + STUDENT MANUAL + MINDTAPV2.0 1... TERM PRINTED ACCESS CARD. Mar 03 2020

EBOOK: Personal and Professional Development for Counsellors, Psychotherapists and Mental Health Practitioners Sep 20 2021 This book provides a comprehensive, accessible and research-informed approach to personal development issues associated with the role of a counsellor, therapist or mental health practitioner. Written by leading authors in the field, the book is designed to help both trainees and experienced therapists to be more effective in their work with clients by: Deepening and consolidating their understanding of all aspects of personal and professional development Making use of their personal strengths, resources and life experience Drawing on colleagues, mentors and the wider professional community as sources of learning, support and inspiration. The first part of the book explains the nature of the personal and professional development issues that are experienced by therapists. The second part provides a set of learning tasks that invite reflection on all aspects of therapist development. "This engaging and accessible book reminds us that, like our clients, counsellors are works in progress. Through its 10 lively chapters, John McLeod and Julia McLeod take us on a compelling journey of self-discovery. En route, they invite us to press the pause button and reflect on our lives in all their messy complexity ... Although written primarily for trainee counsellors, there is much here for the experienced therapist, supervisor, group leader or counselling course trainer to admire and to learn from." Therapy Today, July 2014 "John and Julia McLeod have written a superb text that not only presents a strong and coherent case for the importance of personal development for therapists, but also provides a range of activities to stimulate the reader's own reflective development process. A scholarly examination of the developmental path of the practitioner which is firmly grounded in research, this book is a rich personal development resource for students, practitioners and lecturers." Mark Widdowson, Lecturer in Counselling and Psychotherapy, University of Salford, UK "This is a great resource textbook for trainee practitioners, trainers, supervisors in counselling, psychotherapy and mental health - and for anyone interested in personal and professional development in the helping professions. The breadth and depth of John and Julia McLeod's

encyclopaedic knowledge is evident in this book. Wise sages indeed, they offer 'voices of wisdom and reason' for those entering the helping professions. Their guidance will help still the inner angst that is an inevitable part of practitioner training and working as a helper. The book offers an excellent resource for counselling, psychotherapy and mental health trainers, with rich resources to inform student and tutor work. I highly recommend this valuable addition to the resource and knowledge base."

Lynne Gabriel, Associate Professor, York St John University, UK "A fantastic book! This is a comprehensive, engaging and valuable resource that integrates theory and research in an accessible and relevant way. This book approaches a complex and often poorly articulated facet of professional training both practically and effectively. The personal learning tasks bring an added dimension to the book, inviting the reader on a journey of self-discovery and challenge. This book has relevance for a broad range of psychotherapeutic orientations and mental health roles and is an essential read for practitioners at all stages of their professional journey." Steff Revell, Lecturer, Counselling and Psychotherapy, University of Cumbria, UK

"This book offers an invaluable resource for counselling trainers and students alike. It succinctly maps out the terrain of personal and professional development and the importance of these concepts for practice. As a counselling trainer, I found the exercises and learning tasks contained in the book an excellent source of ideas for encouraging student reflection. As a practitioner, it reminded me of the importance of attending to my own 'stuff', of the continuing process of learning to be more in touch with my flawed humanity such that I can be more available to my clients." Brian Rodgers, Lecturer in Counselling, The University of Queensland, Australia

The Personal Development Group Jan 31 2020 The personal development group is a feature of many counselling and psychotherapy trainings. How does it facilitate personal development? Could it be more effective? Looking from the perspective of the student, this book offers an insight into the workings of the group and the communications that take place within it. The complex relationship between group and individual is explored in the wider context of culture and society. Through examples and exercises, readers can learn about themselves as they learn about the group processes that they are experiencing. Chris Rose charts the course of a PD group through various stages, dealing with fundamental themes such as conflict, authority, resistance and difference. The task is always to keep in focus both the individual experience and the group process. This dual perspective provides group members with important resources to understand and make better use of their own PD group. The elusive task of personal development is vital to the formation of competent counsellors and psychotherapists. Any course that has a PD group will benefit from the understandings that the book can offer, irrespective of theoretical model. This book encourages students to engage with their own development in a pro-active and informed manner. It invites them to challenge attitudes and assumptions in a thoughtful self-reflexive style. This book also provides an introduction to group work that will be valuable for those who are no longer students but are curious about what happens in groups. Whatever the stage of development, there is material to engage and stimulate the reader.

Theory and Practice of Counseling and Psychotherapy Jan 05 2023



Multiple Relationships in Psychotherapy and Counseling Apr 15 2021 This first-of-a-kind analysis will focus exclusively on unavoidable and mandated multiple relationships between clients and psychotherapists. The book will cover the ethics of a range of venues and situations where dual relationships are mandated, such as in the military, prisons/jails, and police departments, and settings where multiple relationships are unavoidable, such as rural communities; graduate schools and training institutions; faith, spiritual, recovery or 12-step, minority and disabled communities, total institutions, and sport psychology. The complexities of social network ethics and digital dual relationships, such as clients becoming "friends" or "fans" on their therapists' social media pages are discussed. Finally, the book will discuss the complexities multiple roles that inevitably emerge in supervisory relationships.

Integrating Sex And Marital Therapy Nov 10 2020 The field of sex therapy has experienced tremendous growth in the last 20 years . The use of the term "sex therapy" for most clinicians brings several well-known therapists to mind and is associated with the treatment of a fairly limited number of sexual problems. The view of sex therapy as a profession has had both positive and negative consequences. The editor's state that the purpose in writing and editing this book was to build on the work of individually oriented sex therapy by adding the systems perspective. This book, then, represents an attempt at the integration of sex and marital or systems therapy.

Group Techniques Aug 20 2021 This sourcebook of techniques, designed to supplement theory or practicum books, explores the place and the usefulness of techniques, as well as their abuse. The authors hope to stimulate creativity in the readers approach to group work and to encourage group leaders to develop their own therapeutic styles. They there-fore offer this book as an outline for leaders to build upon in adapting techniques for their own situations, not as a cookbook of recipes to be rigidly followed. The goal is not to catalog techniques for every conceivable situation, but to teach leaders how to adapt the techniques presented and to develop others sensitively, crea-tively, and appropriately..The authors primarily assume that techniques are means, not ends, and that they are fundamentally at the service of the client, not the therapist. The book is especially strong on the leaders executive functions in the group: maneuvering and facilitating the group to optimize its effectiveness and relying on the members themselves to do the majority of the therapy. In addition, the authors hope to stimulate interest in the philosophical and ethical dimensions of group work, and they make reference to the Association for Specialists in Group Work (ASGW) ethical guidelines when relevant.

Student Manual for Corey's Theory and Practice of Group Counseling Oct 10 2020 Available to complement Corey's textbook, the Student Manual helps students experience group process techniques and gain maximum benefit from the textbook. The Student Manual includes suggested activities for the whole class and for small groups, ideas for supervised training groups, summary charts, self-inventories, study guides, comprehension checks and quizzes, group techniques, and examples of cases with open-ended alternatives for group counseling practice. New to the 9th Edition are mini-interviews with experts for each of the theories, who address these questions: (1) What

attracted you to this particular theoretical orientation? How does the theory fit for the person you are? (2) What are some key concepts (and techniques) of this theory that are most applicable to the practice of group counseling? (3) How does this theory have particular relevance for addressing diversity and social justice issues in group work?

Studyguide for Theory and Practice of Counseling and Psychotherapy by Gerald Corey, ISBN 9781111793562 May 17 2021 Never HIGHLIGHT a Book Again! Virtually all of the testable terms, concepts, persons, places, and events from the textbook are included. Cram101 Just the FACTS101 studyguides give all of the outlines, highlights, notes, and quizzes for your textbook with optional online comprehensive practice tests. Only Cram101 is Textbook Specific. Accompanys: 9781111793562 .

Boundary Issues in Counseling Jun 05 2020

Student Manual for Corey's Theory and Practice of Counseling and Psychotherapy Oct 02 2022 This manual contains structured self-awareness exercises that help you gain a deeper self-understanding and grasp the concepts of the various approaches.

Person-Centred Counselling in Action Aug 27 2019 `The discussion of empathy, acceptance and congruence is central and should be required reading for all trainees working to understand the richness of these core concepts... outstanding' - Counselling, The Journal of the British Association for Counselling Widely regarded as a classic text, Person-Centred Counselling in Action has now been revised and updated to take account of recent developments in theory and practice. This bestselling exploration of one of the most popular approaches in counselling today is invaluable for students and experienced counsellors alike. The authors explore the philosophical base to the approach originated by Carl Rogers and stress the considerable persona

Counselling Children May 05 2020 Counseling Children is a highly acclaimed, introductory guide to counseling children and to the practical issues of communicating with children in a counselling context. In this Second Edition, Kathryn Geldard and David Geldard relate the theory and practice of counseling children in a highly accessible, practical, and jargon-free style.